

# **1<sup>st</sup> HALF YEARLY MONITORING REPORT OF**

---

**(Monitoring Institution)**

**on**

**MDM for the State/UT of**

**MEGHALAYA**

**Period : 1st October 2010 to 31st March 2011**

**Districts Covered**

- 1. East Khasi Hills**
- 2. Jaintia Hills**

# 1<sup>st</sup> Half Yearly Monitoring Report of North-Eastern Hill University (Monitoring Institution) on MDM for the State/UT of Meghalaya for the period of 1<sup>st</sup> October 2010 to 31<sup>st</sup> March 2011

## 1. General Information

Sl. No.	Information	Details		
1.	Name of the monitoring institute	North Eastern Hill University		
2.	Period of the report	1 <sup>st</sup> October 2010 to 31 <sup>st</sup> March 2011		
3.	Fund Released for the period			
4.	No. of Districts allotted	2 (two)		
5.	Districts' name	East Khasi Hills & Jaintia Hills		
6.	Date of visit to the Districts / Schools (Information is to be given district wise i.e District 1, District 2, District 3 etc)	East Khasi Hills	March to May 10 <sup>th</sup> 2011.	
		Jaintia Hills	March to May 10 <sup>th</sup> 2011.	
7.	Total number of elementary schools (primary and upper primary to be counted separately) in the Districts Covered by MI  (Information is to be given district wise i.e District 1, District 2, District 3 etc.)	District	LP	UP
		East Khasi Hills	1562	697
		Jaintia Hills	1214	589
8.	Number of elementary schools monitored (primary and upper primary to be counted separately)  Information is to be given for district wise i.e District 1, District 2, District 3 etc)		LP	UP
		East Khasi Hills	21	19
		Jaintia Hills	26	14
9.	<b>Types of school visited</b>			

a)	Special training centers (Residential)	Nil		
b)	Special training centers (Non Residential)	Nil		
c)	Schools in Urban Areas	8		
d)	School sanctioned with Civil Works	38		
e)	School from NPEGEL Blocks	Nil		
f)	Schools having CWSN	6		
g)	School covered under CAL programme	8		
h)	KGBVs	Nil		
10.	Number of schools visited by Nodal Officer of the Monitoring Institute		LP	UP
		East Khasi Hills	12	10
		Jaintia Hills	10	8
11.	Whether the draft report has been shared with the SPO : YES / NO	Yes		
12.	After submission of the draft report to the SPO whether the MI has received any comments from the SPO: YES / NO	Yes		
13.	Before sending the reports to the GOI whether the MI has shared the report with SPO: YES / NO	Yes		

14. Details regarding discussion held with state officials  
Mid-day Meals on the delay of the supply of Food grains to the schools.
15. Selection Criteria for Schools  
The schools have been identified by the State Government

### MIDDAY MEAL PROGRAMMES (2010-12)- JAINTIA HILLS DISTRICT

Table 11.2. A. MIDDAY MEAL AT SCHOOL LEVEL

Sl. No.	ITEMS	Thadlaske in	Amlare m	Laskei n	Khliehri at	Saipun g	Jowa i Urban
1.	<b>REGULARITY IN SERVING MEAL:</b>  Whether the school is serving hot cooked meal daily? If there was interruption, what was the extent and reasons for the same?	The school is serving hot cooked meal. It was reported there was interruption of MDM that during the quarter under report because of the non supply of food grains to the schools the last being September 2010, then the schools were having a long winter break. The State Officials reported that there was shortage of Food grains in the FCI. Reason is due to lapse of Quota in the 2 <sup>nd</sup> and 3 <sup>rd</sup> quarter which needs to be resanctioned.					
2.	<b>TRENDS:</b> Extent of variation (As per school records vis-à-vis actual position/status on the day of visit)						
i.	Enrollment	628	295	559	319	513	1422
ii.	No. of children opted for Mid Day Meal	628	295	559	319	513	1422
iii.	No. of children attending the school on the day of visit	620	286	550	311	504	1410
iv.	No. of children availing MDM as per MDM Register	628	295	559	319	513	1422
v.	No. of children actually availing MDM on the day of visit	620	286	550	311	504	1410
vi.	No. of children availed MDM on the previous day.	620	286	550	311	504	1410
3.	<b>REGULARITY IN DELIVERING FOOD GRAINS TO SCHOOL LEVEL:</b>						
i	Is school/implementing	No, the schools do not receive food grains regularly.					

	agency receiving food grain regularly? If there is delay in delivering food grains, what is the extent of delay and reasons for the same?	The extent of delay is sometimes two to three months. When shared with the State Officials it was found that in Jaintia hills distribution of food grain is done through the fair price shops which are nearest to the school.
ii	Is buffer stock of one-month's requirement maintained?	In many schools yes
iii	Is the quantity of food grain supplied was as per the marked/indicated weight?	
Iv	Is the food grain delivered at the school?	(i) No the schools are to collect the food grain fair price shops nearest to the schools
v	Is the quality of food grain good?	The quality of food grains is generally good.
<b>4</b>	<b>REGULARITY IN DELIVERING COOKING COST TO SCHOOL LEVEL:</b>	
	Is school/implementing agency receiving cooking cost in advance regularly? If there is delay in delivering cooking cost, what is the extent of delay and reasons for it?	The school receives the cooking cost regularly and on time.
	In case of delay, how school/implementing agency manages to ensure that there is no disruption in the feeding programme?	In case of a well established school arrangement was done from the school fund
	Is cooking cost paid by Cash or through banking channel?	The cooking cost is paid through cheque.
<b>5</b>	<b>SOCIAL EQUITY:</b>	
	Did you observe any gender or caste or community discrimination in cooking or serving or seating arrangements?	No discrimination is observed whatsoever in cooking and serving
	What is the system of serving and seating arrangements for eating?.	The cook, volunteers and Teachers help in serving food to children. And the children were made to sit in a row.

<b>6</b>	<b>VARIETY OF MENU:</b>	
	Has the school displayed its weekly menu at a place noticeable to community, and is it able to adhere to the menu displayed?	Yes, the school displayed its weekly menu at a place noticeable to community
	Who decides the menu?	
	Is there variety in the food served or is the same type of food served daily?	(i) All schools (100%) served different food items
	Does the daily menu include rice / wheat preparation, dal and vegetables?	Yes
<b>7</b>	<b>QUALITY &amp; QUANTITY OF MEAL :</b>	
	Feedback from children on Quality of meal:	a) Good
	Quantity of meal:	b) To their heart's content
	{If children were not happy, please give reasons and suggestions to improve.}	The students were happy with the quality and quantity served to them.
<b>8</b>	<b>SUPPLEMENTARY:</b>	
	(i) Is there school Health Card maintained for each child?	(ii) Not yet but the health department through NRHM is implementing the school health Programme
	(iii) What is the frequency of health check-up?	N.A
	(iv) Whether children are given micronutrients (Iron, folic acid, vitamin – A dosage) and de-worming medicine periodically?	No, the children are not given micronutrients (Iron, folic acid, vitamin – A dosage) and de-worming medicine periodically. However it was shared that meeting was held under the chairmanship of the Chief Secretary to converge with Health Department.
	Who administers these medicines and at what frequency	NA

<b>10</b>	<b>STATUS OF COOKS:</b>	
	Who cooks and serves the meal? (Cook cum helper appointed by the Department/VEC/PRI/Self Help Group/ NGO/Contractor)	The Cook cum helper appointed by the school with the money that they receive from the department
	Is the number of cooks and helpers engaged in the school as per GOI norms?	Yes
	What is remuneration paid to cooks cum helpers and mode of payment?	(i) Rs 1000 per cook per school. (ii) Mode of payment is through cash (iii) The number of cooks appointed depends on the enrolment of the school.
	Is the remuneration paid to cooks cum helpers regularly?	Yes the remuneration is paid to cooks cum helpers regularly
	Specify the social Composition of cooks cum helpers? (SC/ST/OBC/Minority)	ST
<b>1</b>	<b>INFRASTRUCTURE:</b>	
	Is a pucca kitchen shed-cum-store:	
	i) Constructed and in use	70-75% have constructed and in use
	ii) Scheme under which Kitchen sheds constructed - MDM/SSA/Others	SSA/Department
	iii) Constructed but not in use (Reasons for not using)	Nil
	iv) Under construction	20% of the schools visited
	v) Sanctioned, but construction not started	about 3%

	vi) Not sanctioned	About 2%
	Any other (specify)	
1 2	In case the pucca kitchen shed is not available, where is the food being cooked and where are the foodgrains/other ingredients being stored.	In few schools where construction is in progress –in the house of the Secretary
1 3	Whether potable water is available for cooking and drinking purpose?	Yes in almost all the schools visited
1 4	Whether utensils are available for cooking food? If, available is it adequate?	Yes and are adequate
1 5	What is the kind of fuel used? (Gas based/firewood etc.)	Mostly firewood
1 6	<b>SAFETY &amp; HYGIENE:</b>	
	i. General Impression of the environment, safety and hygiene:	safe and hygienic
	ii. Are children encouraged to wash hands before and after eating	Yes children are encouraged to wash hands before and after eating
	iii. Do the children take meals in an orderly manner?	Yes, the children take meals in an orderly manner?
	iv. Conservation of water?	Yes, children are taught to conserve water
	Is the cooking process and storage of fuel safe, not posing any fire hazard?	Does not arise
1 7	<b>COMMUNITY PARTICIPATION AND</b>	



<b>AWARENESS*:</b>		
i) Extent of participation by Parents / VECs / Panchayats / Urban bodies in daily supervision, monitoring, participation.		Parents and Members of SMC supervised and participated but not on a regular bases
ii) Is any roster being maintained by the community members for supervision of the MDM?		No
iii) Are the parents/community members aware about the following :  Poor/Satisfaction/Good/Very Good/Excellent. (1) (2) (3) (4) (5)		
a) Quantity of MDM per child : 1 2 3 4 5 (please tick) <ul style="list-style-type: none"> <li>• At primary level .....</li> <li>• At upper primary level .....</li> </ul>		Data not available
b) Entitlement of quantity and types of nutrients in MDM per child as supplied in the menu :  1 2 3 4 5 (please tick) <ul style="list-style-type: none"> <li>• At primary</li> </ul>		Data not available

	<p>level ..... ....</p> <ul style="list-style-type: none"> <li>• At upper primary level</li> </ul> <p>.....</p>	
	<p>iv) General awareness about the overall implementation of MDM programme :</p> <ul style="list-style-type: none"> <li>• Quite satisfactory</li> <li>• Satisfactory</li> <li>• Good</li> <li>• Average</li> </ul>	Data not available
	<p>v) Source of awareness about the MDM scheme :</p>	
	<b>Source</b>	
	Newspaper / Magazine	Newspaper
	Villagers /Friends/ Relatives	
	Teacher	Teacher
	School (where the child is studying)	School (where the child is studying)
	Radio	
	Television	
	Website	
	Any Other	
<b>1 8</b>	<b>INSPECTION &amp; SUPERVISION</b>	
	<p>i) Has the mid day meal programme been inspected by any state / district / block level officers/officials?</p>	Yes, by the block and district officials
	<p>ii) The frequency of such inspections?</p>	once or twice a year

	iii) Remarks made by the visiting of officers ? if any?	
<b>19</b>	<p><b>IMPACT</b></p> <p>Has the mid day meal improved the enrollment, attendance of children in school, any improvement in general well being, nutritional status of the children (to be verified from school record, discussion with students, teachers and parents. Is there any other incidental benefit to the children and school due to serving of mid-day-meal by VEC, PRI members?</p>	<p>The impact of the scheme is visible in the enrolment and attendance of Children to school It is reported that the health of children have improved with the implementation of midday meal in the schools.</p>

<b>B</b>	<b>Any other issues relevant to MDM implementation</b>
<p><b>(a) Regularity in serving MDM:</b>  The wholesale agents issue the food grains to the schools based on the enrolment of children as co Inspector of Schools. As per the norms, the MDM can be availed only by the elementary schools. H Schools are attached to the Primary or Upper primary, the MDM has to be shared with the pre-primary allotment meant for the schools will always become short as the enrolment at the Pre- primary stage is that of Primary stage. On an average MDM was not given on every working day in these schools. schools served only 2-3 times a week. However, the schools have a genuine point that the small child from the MDM.</p> <p><b>(b) Regularity in delivering food grains to schools:</b>  It was also reported that the schools do not get the supply on time. When asked about the reason it wa for lifting the food grains for MDM is done by the Deputy Commissioner which was always not up-to da  Food grains are supposed to be delivered to the schools. However, this was not always the case. In schoo good communication the cost of transport is high.  Food grains are not delivered on fixed date. In big schools, food grains are stored in schools whereas in grains are stored in the home of the Secretaries or Head teachers.</p> <p><b>(c) Regularity in delivering cooking cost to schools.</b>  Cooking cost is received in schools regularly. It was told that sometimes they received the same as soon</p>	

the sanction.

**(d) Social equity.**

In Meghalaya, the Khasis, the Jaintias and the Garos constitute almost 85% of the population, who are a tribal society. The society is caste free, so no gender / caste / community based discrimination was found. In all schools, there was a separate serving MDM or sitting arrangement.

**(e) Variety of menu.**

Weekly menu for MDM was not displayed but it was reported that rice, dal, vegetables (leafy), and sometimes eggs were provided to the children. It was also found that meat is also served occasionally. When asked about the reasons, it was mentioned that the tribal society is following a non-vegetarian style. Some children do not enjoy the food though the quantity was quite satisfactory. So, the quality of food needs to be made more nutritious.

**(f) Quality and quantity of meal.**

Most children especially in the rural backgrounds are happy with quality and quantity of food in about all schools.

**(g) Supplementary diets.**

In no schools, micronutrients and de-worming medicines are given to children. However it was shared that a meeting was convened by the Chief Secretary to sort out the problems of School Health Programme.

**(h) Status of Cooks.**

In almost cent percent schools visited by the MI, have adequate number of Cooks and Helpers. It was reported that the Helper was paid Rs 1000/- from February 2011. In some schools the parents are taking turns to cook. In some cases, funds are saved as conversion costs to improve their menu.

**(i) Infrastructure.**

Funds for procurement of kitchen devices were released from the State to the Deputy Inspector of Schools. The same was given to the School Managing Committees for procurement of kitchen-devices. In all the schools visited, kitchen devices were available. There has been an improvement in the infrastructure since the state has included the kitchen grant along with the Building grant. However, Only 30 % sample checked schools had fully constructed kitchen. Portable water is available for cooking and drinking in most schools.

**(j) Community participation.**

Participation of parents and VECs in monitoring and supervision of MDM is not very satisfactory. As reported, there are only few schools which could mobilize the parents/guardians to involve in cooking and serving MDM.

**(k) Inspection and supervision.**

Inspection and Supervision was done by the BMC's and CRC's coordinators. In some schools, it is reported that the Magistrate supervises the MDM.

**(l) Impact.**

Enrollment and Attendance of Children to school is reported to be improved with the implementation of MDM. Majority of Head Teachers and VECs believe that MDM helps in increasing enrolment, attendance and health of children.

**(a) Regularity in serving MDM:**

In many schools MDM was not given regularly. It was reported that Food grain that was received last week, an average MDM was not given on every working day in these schools.

**(b) Regularity in delivering food grains to schools.**

Food grains are not delivered on fixed date. Food grains are available for additional one month in many schools.

**(c) Regularity in delivering cooking cost to schools.**

Cooking cost is received in schools but sometimes the Food grain is not available even if the cooking cost is received.

**(d) Social equity.**

No gender / caste / community based discrimination found by MI in cooking or serving MDM or sitting on the floor.

**(e) Variety of menu.**

Weekly menu for MDM was not displayed but it was reported that rice, dal, vegetables, tomatoes, potatoes were provided to the children. According to the responses made by the children the quantity was quite good but the quality of food needs to be improved.

**(f) Quality and quantity of meal.**

Children are happy with quality and quantity of food in about 90% schools visited.

**(g) Supplementary diets.**

In no schools, micronutrients and de-worming medicines are given.

**(h) Status of Cooks.**

In almost cent percent schools have adequate number of Cooks and Helpers.

**(i) Infrastructure.**

Only 10 % sample checked schools had fully constructed kitchen shed-cum-store. Portable water is available for drinking in most schools.

**(j) Community participation.**

Participation of parents and VECs in monitoring and supervision of MDM is not satisfactory.

**(k) Inspection and supervision.**

Inspection and Supervision was done by the BMC's and CRC's. In some schools even officials like the

the MDM.

**(I) Impact.**

Majority of Head Teachers and VECs believe that MDM helps in increasing enrolment, attendance of children.

MDM is an impetus to the enhancement of enrolment and actual attendance. MDM is being implemented in the two districts in the State. It is observed from the records of the schools that the District Project Offices provided the following components of Midday Meal.

1. Food Grains (Rice) for LP schools and for UP schools to be supplied by the dealers to the schools.
2. Conversion cost including cooking cost.
3. Provision of grants for purchasing of utensils.

All schools under visit (100%) reported that cooked food was being served to children but not daily. The discussion with the headmasters and teachers in many of the schools revealed that it is very difficult to implement the scheme effectively as per the directions. MDM could not be cooked and served daily and being served twice or thrice a week. This is confirmed by the team during the visits, only some schools were found cooking MDM.

The reasons are:

- (1) Provision of Food grains is inadequate. In many Lower Primary School the allotment was only from classes I-IV whereas all of the schools are having Pre-Primary section attached to them where they have to share the food with all the children in the school and the enrolment of the Pre- Primary section is more than the LP schools.
- (2) The schools reported that food grains was not received on time There is always delay in supplying the food grains so it was impossible for the schools to cook rice everyday.

All schools under visit (100%) reported that they served different food items and the students were happy with the quality and quantity served to them. In almost all schools (80%) cooking of food were being cooked by the cook cum helpers who were paid an honorarium however sometimes food was also cooked by the community members/ parents.

Moreover, the allotment of food grains is usually based on last year enrolment which in many cases the enrolment of the current year is higher than the previous year. The state has made provision for the physical infrastructures like Kitchen Shed, Utensils, etc. These were found to be available in almost all the visited schools however the infrastructure has to be strengthened so that they are available in all the schools. Some of the schools arranged to do the cooking in the house of the Head teachers or the Secretary SMC

**Recommendations:**

- Efforts should be made to regularize the supply of food grains by discussing the matter with the Department of Civil Supply of the State.
- It is also strongly recommended that food grains be allotted on time to schools at monthly basis if the schools are to cook MDM everyday.

## List of Schools

Sl. No	District
	<b>Thadlaskein (7)</b>
1.	Marpha Lyngki (LP) School, Nartiang
2.	Khlieh Mynkren
3.	Kper mynsnieh Govt. (LP), Nartiang
4.	Kper mynsnieh Govt. (UP), Nartiang
5.	Goodwill Academy UP SSA
6.	Chiliang Raid UPS SSA
7.	
	<b>Amlarem (4)</b>
8.	Sarder Vallab Bhai Patel Memorial Govt LP. School
9.	Sohkha Shnong Govt LP School
10.	Khasi Pnar Govt LPS
11.	Lumsehkot Govt LPS
	<b>Laskein (6)</b>
12.	Lunsehkot LPS SSA
13.	Niamtre LPS
14.	Tharia LPS
15.	Laskein Govt LP School
16.	Shangpung Poh Shnong Govt LPS
17.	Shangpung Khlieh Rangnah Govt LPS
18.	Shangpung Govt Boys
	<b>Khliehriat (4)</b>
19.	Little Star Academy UPS
20.	law Pungkat UPS
21.	Ambrose Memorial LPS
22.	lawpyrkhat LPS
23.	lengswer Memorial LPS
	<b>Saipung (5)</b>
24.	Jalaphat Bri Sutnga Govt LPS
25.	Lakyrke Govt LPS
26.	Seinraj UPS Khliehrengnah
27.	St Mary's LPS, Narwan
28.	Moolamylliang UPS
29.	Panaliar SSA UPS Jowai,
30.	<b>Jowai (14)</b>
31.	Jowai
32.	Jowai
33.	Ladthalaboh UPS Jowai,
34.	Govt UP School, Jowai
35.	Lumpyrtuh UPS SSA , Jowai
36.	Modern UP SSA , Jowai
37.	Tyndo Wapung LPS SSA, Jowai
38.	Pohmusiang LP School, Jowai
39.	Dulong Govt LP School, Jowai
40.	Springside English Sec.School, Jowai

41.	Khimmusiang Press (SSA) P Sec. School, Jowai
42.	Sardar V.B.D. Govt LP School
43.	Ches Star Secondary School, Jowai





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**(Monitoring Institution)**

**on**

**MDM for the State/UT of**

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**Period : 1st October 2010 to 31st March 2011**

**Districts Covered**

**3. East Khasi Hills**

**4. Jaintia Hills**

**1<sup>st</sup> Half Yearly Monitoring Report of North-Eastern Hill University  
(Monitoring Institution) on MDM for the State/UT of Meghalaya for the period of 1<sup>st</sup>  
October 2010 to 31<sup>st</sup> March 2011**

**1. General Information**

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		Jaintia Hills	March to May 10 <sup>th</sup> 2011.	
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c)	Schools in Urban Areas	8		
d)	School sanctioned with Civil Works	38		
e)	School from NPEGEL Blocks	Nil		
f)	Schools having CWSN	6		
g)	School covered under CAL programme	8		
h)	KGBVs	Nil		
10.	Number of schools visited by Nodal Officer of the Monitoring Institute		LP	UP
		East Khasi Hills	12	10

		Hills		
		Jaintia Hills	10	8
11.	Whether the draft report has been shared with the SPO : YES / NO	Yes		
12.	After submission of the draft report to the SPO whether the MI has received any comments from the SPO: YES / NO	Yes		
13.	Before sending the reports to the GOI whether the MI has shared the report with SPO: YES / NO	Yes		

16. Details regarding discussion held with state officials  
Mid-day Meals on the delay of the supply of Food grains to the schools.

17. Selection Criteria for Schools  
The schools have been identified by the State Government

## MIDDAY MEAL PROGRAMMES (2010-12)-EAST KHASI HILLS

Table 11.2. A. MIDDAY MEAL AT SCHOOL LEVEL

Sl. No.	ITEMS	Mawryng kneng	Maw syn ram	Myl liem	Pyn ursla	Maw phlang	Lait kroh	Shel la	Mawkyn rew	Shillong Municipality Urban Areas	Total
1	<p><b>REGULARITY IN SERVING MEAL:</b></p> <p>Whether the school is serving hot cooked meal daily? If there was interruption, what was the extent and reasons for the same?</p>	<p>The school is serving hot cooked meal. It was reported there was interruption of MDM that during the quarter under report because of the non supply of food grains to the schools the last being September 2010, then the schools were having a long winter break. The State Officials reported that there was shortage of Food grains in the FCI. Reason is due to lapse of quota in the 2<sup>nd</sup> and 3<sup>rd</sup> quarter which needs to be resanctioned.</p>									
2	<p><b>TRENDS:</b></p> <p>Extent of variation (As per school records vis-à-vis actual position/status on the day of visit)</p>										
(i)	Enrollment	416	508	744	212	114	224	65	152	972	3407
(ii)	No. of children opted for Mid Day Meal	416	508	744	212	114	224	65	152	972	3407
(iii)	No. of children attending the school on the day of visit	405	500	730	200	102	212	60	146	960	3315
(iv)	No. of children availing MDM as per MDM Register	416	508	744	212	114	224	65	152	972	3407

(v)	No. of children actually availing MDM on the day of visit	405	500	730	200	102	212	60	146	960	3315
(vi)	No. of children availed MDM on the previous day.	405	500	730	200	102	212	60	146	958	3313
3.	<b>REGULARITY IN DELIVERING FOOD GRAINS TO SCHOOL LEVEL:</b>										
i	Is school/implementing agency receiving food grain regularly? If there is delay in delivering food grains, what is the extent of delay and reasons for the same?	No, the schools do not receive food grains regularly. The extent of delay is sometimes two to three months. When shared with the State Officials it was found that payment for transport cost was not made to the wholesaler. It is suggested that Jaintia model be adopted in the district where schools are to collect their food grain from the Fair Price shop which are near to the schools.									
ii	Is buffer stock of one-month's requirement maintained?	Yes, in many schools									
iii	Is the quantity of food grain supplied was as per the marked/indicated weight?	Data not available									
Iv	Is the food grain delivered at the school?	No the schools are to collect the food grain from the wholesaler who brought the food grains in the central place. In East Khasi Hills was supposed to be delivered by the Wholesaler to the School. However the wholesaler selected a central place for the school to collect the foodgrain.									
v	Is the quality of food grain good?	The quality of food grains is generally good.									
4	<b>REGULARITY IN DELIVERING COOKING COST TO SCHOOL LEVEL:</b>										
	Is school/implementing agency receiving cooking cost in advance regularly? If there is delay in delivering cooking cost, what is the extent of delay and reasons for it?	The school receives the cooking cost regularly and on time.									
	In case of delay, how school/implementing agency manages to ensure that there is no disruption in the	In some schools arrangement was done from the school fund in case of a									

	feeding programme?	delay
	Is cooking cost paid by Cash or through banking channel?	The cooking cost is paid through cheque.
<b>5</b>	<b>SOCIAL EQUITY:</b>	
	Did you observe any gender or caste or community discrimination in cooking or serving or seating arrangements?	No discrimination is observed whatsoever in cooking and serving
	What is the system of serving and seating arrangements for eating?.	The cook, volunteers and Teachers help in serving food to children. And the children were made to sit in a row.
<b>6</b>	<b>VARIETY OF MENU:</b>	
	Has the school displayed its weekly menu at a place noticeable to community, and is it able to adhere to the menu displayed?	Yes, the school displayed its weekly menu at a place noticeable to community
	Who decides the menu?	The District authority provides the Menu and it is up to the school to implement the same
	Is there variety in the food served or is the same type of food served daily?	(ii) All schools (100%) served different food items in those schools visited and served MDM
	Does the daily menu include rice / wheat preparation, dal and vegetables?	Yes
<b>7</b>	<b>QUALITY &amp; QUANTITY OF MEAL :</b>	

	Feedback from children on Quality of meal:	c) Good
	Quantity of meal:	d) To their heart's content
	{ If children were not happy, please give reasons and suggestions to improve. }	The students were happy with the quality and quantity served to them.
<b>8</b>	<b>SUPPLEMENTARY:</b>	
	(v) Is there school Health Card maintained for each child?	(vi) The school Health Card is not maintained yet but the health department through NRHM is implementing the school health Programme
	(vii) What is the frequency of health check-up?	N.A
	(viii) Whether children are given micronutrients (Iron, folic acid, vitamin – A dosage) and de- worming medicine periodically?	No, the children are not given micronutrients (Iron, folic acid, vitamin – A dosage) and de-worming medicine periodically. However it was shared that meeting was held under the chairmanship of the Chief Secretary to converge with Health Department.
	Who administers these medicines and at what frequency	N.A
<b>10</b>	<b>STATUS OF COOKS:</b>	
	Who cooks and serves the meal? (Cook cum helper appointed by the Department/VEC/PRI/Self Help Group/ NGO/Contractor)	The Cook cum helper appointed by the school with the money that they receive from the department cooks and serves the meal



	Is the number of cooks and helpers engaged in the school as per GOI norms?	Yes the number of cooks and helpers engaged in the school as per GOI norms
	What is remuneration paid to cooks cum helpers and mode of payment?	(iv)Rs 1000 per cook per school. (v) Mode of payment is through cash (vi)The number of cooks appointed depends on the enrolment of the school.
	Is the remuneration paid to cooks cum helpers regularly?	Yes the remuneration is paid to cooks cum helpers regularly
	Specify the social Composition of cooks cum helpers? (SC/ST/OBC/Minority)	ST
<b>1</b>	<b>INFRASTRUCTURE:</b>  Is a pucca kitchen shed-cum-store:	
	vii) Constructed and in use	70-75% have constructed and in use
	viii) Scheme under which Kitchen sheds constructed -MDM/SSA/Others	SSA/Department (MDM Cell)
	ix) Constructed but not in use (Reasons for not using)	Nil
	x) Under construction	20% of the schools visited
	xi) Sanctioned, but construction not started	about 3%

	xii)Not sanctioned	About 2%
	Any other (specify)	
<b>12</b>	In case the pucca kitchen shed is not available, where is the food being cooked and where are the food grains/other ingredients being stored.	In few schools where construction is in progress –in the house of the Secretary
<b>13</b>	Whether potable water is available for cooking and drinking purpose?	Yes in almost all the schools visited
<b>14</b>	Whether utensils are available for cooking food? If, available is it adequate?	Yes and are adequate
<b>15</b>	What is the kind of fuel used? (Gas based/firewood etc.)	Mostly firewood
<b>16</b>	<b>SAFETY &amp; HYGIENE:</b>	
	v. General Impression of the environment, safety and hygiene:	safe and hygienic
	vi. Are children encouraged to wash hands before and after eating	Yes children are encouraged to wash hands before and after eating
	vii. Do the children take meals in an orderly manner?	Yes, the children take meals in an orderly manner?

	viii. Conservation of water?	Yes, children are taught to conserve water
	Is the cooking process and storage of fuel safe, not posing any fire hazard?	Does not arise
<b>17</b>	<b>COMMUNITY PARTICIPATION AND AWARENESS*:</b>	
	vi) Extent of participation by Parents / VECs / Panchayats / Urban bodies in daily supervision, monitoring, participation.	Parents and Members of SMC supervised and participated but not on regular basis.
	vii) Is any roster being maintained by the community members for supervision of the MDM?	Data not available
	Are the parents/community members aware about the following : Poor/Satisfaction/Good/Very Good/Excellent. (1) (2) (3) (4) (5)	Data not available
	c) Quantity of MDM per child : 1 2 3 4 5 (please tick) • At primary level ..... • At upper primary level .....	Data not available
	d) Entitlement of quantity and types of	Data not available

	<p>nutrients in MDM per child as supplied in the menu :</p> <p>1 2 3 4 5 (please tick)</p> <ul style="list-style-type: none"> <li>• At primary level .....</li> <li>• At upper primary level .....</li> </ul>	
	<p>viii) General awareness about the overall implementation of MDM programme :</p> <ul style="list-style-type: none"> <li>• Quite satisfactory</li> <li>• Satisfactory</li> <li>• Good</li> <li>• Average</li> </ul>	<p>ix) General awareness about the overall implementation of MDM programme : Good</p>
	<p>x) Source of awareness about the MDM scheme :</p>	
	<b>Source</b>	
	Newspaper / Magazine	Newspaper
	Villagers /Friends/ Relatives	
	Teacher	Teachers
	School (where the child is studying)	School
	Radio	
	Television	
	Website	

	Any Other	
<b>18</b>	<b>INSPECTION &amp; SUPERVISION</b>	
	iv) Has the mid day meal programme been inspected by any state / district / block level officers/officials?	Yes, by the block and district officials
	v) The frequency of such inspections?	once or twice a year
	vi) Remarks made by the visiting of officers? if any?	
<b>19</b>	<b>IMPACT</b>  Has the mid day meal improved the enrollment, attendance of children in school, any improvement in general well being, nutritional status of the children (to be verified from school record, discussion with students, teachers and parents. Is there any other incidental benefit to the children and school due to serving of mid-day-meal by VEC, PRI members?	The impact of the scheme is visible in the enrolment and attendance of Children to school It is reported that the health of children to be improved with the implementation of midday meal in the schools.
<b>B</b>	<b>Any other issues relevant to MDM implementation</b>	

**(a) Regularity in serving MDM:**

The wholesale agents issue the food grains to the schools based on the enrolment of children as confirmed by the Deputy Inspector of Schools. As per the norms, the MDM can be availed only by the elementary schools. However, as Pre-primary Schools are attached to the Primary or Upper primary, the MDM has to be shared with the pre-primary children also. So the allotment meant for the schools will always become short as the enrolment at the Pre- primary stage is high almost the same as that of Primary stage. On an average MDM was not given on every working day in these schools. It was found that many schools served only 2-3 times a week. However, the schools have a genuine point that the small children cannot be excluded from the MDM.

**(b) Regularity in delivering food grains to schools:**

It was also reported that the schools do not get the supply on time. When asked about the reason it was reported that the order for lifting the food grains for MDM is done by the Deputy Commissioner which was always not up-to date.

Food grains are supposed to be delivered to the schools. However, this was not always the case. In schools which are not having good communication the cost of transport is high. There is hesitation of wholesalers to transport foodgrains because of the non payment of transportation cost which is to be based on PDS rate.

Food grains are not delivered on fixed date. In big schools, food grains are stored in schools whereas in some schools, the Food grains are stored in the home of the Secretaries or Head teachers.

**(c) Regularity in delivering cooking cost to schools.**

Cooking cost is received in schools regularly. It was told that sometimes they received the same as soon as the District received the sanction.

**(d) Social equity.**

In Meghalaya, the Khasis, the Jaintias and the Garos constitute almost 85% of the population, who follow the matrilineal society. The society is caste free, so no gender / caste / community based in discrimination was found by MI in cooking or serving MDM or sitting arrangement.

**(e) Variety of menu.**

Weekly menu for MDM was not displayed but it was reported that rice, dal, vegetables (leafy), tomatoes, potatoes and sometimes eggs were provided to the children. It was also found that meat is also served occasionally to the students. When asked about the reasons, it was mentioned that the tribal society is following a non-vegetarian style of eating food and the children do not enjoy the food though the quantity was quite satisfactory. So, the quality of food needs to be improved to make it more nutritious.

**(f) Quality and quantity of meal.**

Most children especially in the rural backgrounds are happy with quality and quantity of food in about all schools visited.

**(g) Supplementary diets.**

In no schools, micronutrients and de-worming medicines are given to children. However a meeting was convened by the Chief Secretary to sort out the problems of School Health Programme.

**(h) Status of Cooks.**

In almost cent percent schools visited by the MI, have adequate number of Cooks and Helpers. It was reported that the Cook or the Helper was paid Rs 1000/- from February 2011. In some schools the parents are taking turns to cook the MDM. In such cases, funds are saved as conversion costs to improve their menu.

**(i) Infrastructure.**

Funds for procurement of kitchen devices were released from the State to the Deputy Inspector of Schools who in turn releases the same to the School Managing Committees for procurement of kitchen-devices. In all the schools visited, the kitchen utensils were available. There has been an improvement in the infrastructure since the state has included the sanction of the Kitchen along with the Building grant. However, Only 30 % sample checked schools had fully constructed kitchen shed-cum-store. Portable water is available for cooking and drinking in most schools.

**(j) Community participation.**

Participation of parents and VECs in monitoring and supervision of MDM is not very satisfactory. As mentioned above, there are only few schools which could mobilize the parents/guardians to involve in cooking and serving MDM.

**(k) Inspection and supervision.**

Inspection and Supervision was done by the BMC's and CRC's coordinators. In some schools, it is reported that even officials like the Magistrate supervises the MDM.

**(I) Impact.**

Enrollment and Attendance of Children to school is reported to be improved with the implementation of MDM in the schools. Majority of Head Teachers and VECs believe that MDM helps in increasing enrolment, attendance and general health of children.

**(a) Regularity in serving MDM:**

In many schools MDM was not given regularly. It was reported that Food grain that was received last was September 2010, on an average MDM was not given on every working day in these schools. When shared with the State Officials it was found that there was shortage of food grain with FCI because of lapse of quota for the 2<sup>nd</sup> and 3<sup>rd</sup> quarter.

**(b) Regularity in delivering food grains to schools.**

Food grains are not delivered on fixed date. Food grains are available for additional one month in many schools.

**(c) Regularity in delivering cooking cost to schools.**

Cooking cost is received in schools but sometimes the Food grain is not available even if the cooking cost has been received.

**(d) Social equity.**

No gender / caste / community based in discrimination found by MI in cooking or serving MDM or sitting arrangement.

**(e) Variety of menu.**

Weekly menu for MDM was not displayed but it was reported that rice, dal, vegetables, tomatoes, potatoes and sometimes eggs were provided to the children. According to the responses made by the children the quantity was quite satisfactory though the quality of food needs to be improved.



**(f) Quality and quantity of meal.**

Children are happy with quality and quantity of food in about 90% schools visited. However it was shared that a meeting was convened by the Chief Secretary to sort out the problems of School Health Programme.

**(g) Supplementary diets.**

In no schools, micronutrients and de-worming medicines are given.

**(h) Status of Cooks.**

In almost cent percent schools have adequate number of Cooks and Helpers.

**(i) Infrastructure.**

Only 10 % sample checked schools had fully constructed kitchen shed-cum-store. Portable water is available for cooking and drinking in most schools.

**(j) Community participation.**

Participation of parents and VECs in monitoring and supervision of MDM is not very satisfactory.

**(k) Inspection and supervision.**

Inspection and Supervision was done by the BMC's and CRC's. In some schools even officials like the Magistrate supervises the MDM.

**(l) Impact.**

Majority of Head Teachers and VECs believe that MDM helps in increasing enrolment, attendance and general health of children.

MDM is an impetus to the enhancement of enrolment and actual attendance. MDM is being implemented in the two districts in the State. It is observed from the records of the schools that the District Project Offices provided the following components of Midday Meal.

1. Food Grains (Rice) for LP schools and for UP schools to be supplied by the dealers to the schools.
2. Conversion cost including cooking cost.
3. Provision of grants for purchasing of utensils.

All schools under visit (100%) reported that cooked food was being served to children but not daily. The discussion with the headmasters and teachers in many of the schools revealed that it is very difficult to implement the scheme effectively as per the directions. MDM could not be cooked and served daily and being served twice or thrice a week. This is confirmed by the team during the visits, only some schools were found cooking MDM.

The reasons are:

- (1) Provision of Food grains is inadequate. In many Lower Primary School the allotment was only from classes I-IV whereas all of the schools are having Pre-Primary section attached to them where they have to share the food with all the children in the school and the enrolment of the Pre- Primary section is more than the LP schools.
- (2) The schools reported that food grains was not received on time There is always delay in supplying the food grains so it was impossible for the schools to cook rice everyday.

All schools under visit (100%) reported that they served different food items and the students were happy with the quality and quantity served to them. In almost all schools (80%) cooking of food were being cooked by the cook cum helpers who were paid an honorarium however sometimes food was also cooked by the community members/ parents.

Moreover, the allotment of food grains is usually based on last year enrolment which in many cases the enrolment of the current year is higher than the previous year. The state has made provision for the physical infrastructures like Kitchen Shed, Utensils, etc. These were found to be available in almost all the visited schools however the infrastructure has to be strengthened so that they are available in all the schools. Some of the schools arranged to do the cooking in the house of the Head teachers or the Secretary SMC

### **Recommendations:**

- Efforts should be made to regularize the supply of food grains by discussing the matter with the Department of Civil Supply of the State.
- It is also strongly recommended that food grains be allotted on time to schools at monthly basis if the schools are to cook MDM everyday.
- It is also strongly recommended that food grains be delivered to the Fair Price Shops which is nearest to the School, as done in Jaintia Hills. This will make the lifting of food grains easier and more convenient for the Schools.

Table 1. Showing the no. of Children Enrolled in the age- Appropriate Classes in the Regular School (6-10 years and 11-14)

TRENDS																			
Extent of variation (As per school records vis-à-vis actual position/status on the day of visit)																			
1	Enrollment (6-10 Years)	B1	G1	T1	B2	G2	T2	B3	G3	T3	B4	G4	T4	B5	G5	T5	<b>B</b>	<b>G</b>	<b>T</b>
	<b>TOTAL in LP</b>	<b>242</b>	<b>198</b>	<b>440</b>	<b>232</b>	<b>177</b>	<b>409</b>	<b>258</b>	<b>189</b>	<b>447</b>	<b>205</b>	<b>189</b>	<b>394</b>	<b>294</b>	<b>252</b>	<b>546</b>	<b>1231</b>	<b>1005</b>	<b>2236</b>
	Enrollment (11-14 Years)	B5	G5	T5	B6	G6	T6	B7	G7	T7	<b>TB</b>	<b>G</b>	<b>T</b>						
	<b>TOTAL in UP</b>	<b>76</b>	<b>86</b>	<b>162</b>	<b>251</b>	<b>241</b>	<b>492</b>	<b>254</b>	<b>263</b>	<b>517</b>	<b>581</b>	<b>590</b>	<b>1171</b>						
	No. of children attending the school on the day of visit																		
	(6-10 Years)	B1	G1	T1	B2	G2	T2	B3	G3	T3	B4	G4	T4	B5	G5	T5	<b>B</b>	<b>G</b>	<b>T</b>
	<b>TOTAL in LP</b>	<b>230</b>	<b>190</b>	<b>420</b>	<b>215</b>	<b>167</b>	<b>382</b>	<b>238</b>	<b>179</b>	<b>417</b>	<b>195</b>	<b>170</b>	<b>365</b>	<b>284</b>	<b>242</b>	<b>526</b>	<b>1162</b>	<b>948</b>	<b>2110</b>
	(11-14 Years)	B5	G5	T5	B6	G6	T6	B7	G7	T7	<b>TB</b>	<b>G</b>	<b>T</b>						
	<b>TOTAL in UP</b>	<b>70</b>	<b>80</b>	<b>150</b>	<b>240</b>	<b>235</b>	<b>475</b>	<b>242</b>	<b>254</b>	<b>496</b>	<b>551</b>	<b>369</b>	<b>920</b>						
iii	No. of children availing MDM as per MDM Register																		
	(6-10 Years)	B1	G1	T1	B2	G2	T2	B3	G3	T3	B4	G4	T4	B5	G5	T5	<b>B</b>	<b>G</b>	<b>T</b>
	<b>TOTAL in LP</b>	<b>242</b>	<b>198</b>	<b>440</b>	<b>232</b>	<b>177</b>	<b>409</b>	<b>258</b>	<b>189</b>	<b>447</b>	<b>205</b>	<b>189</b>	<b>394</b>	<b>294</b>	<b>252</b>	<b>546</b>	<b>1231</b>	<b>1005</b>	<b>2236</b>
	(11-14 Years)	B5	G5	T5	B6	G6	T6	B7	G7	T7	<b>TB</b>	<b>G</b>	<b>T</b>						

	<b>TOTAL in UP</b>	76	86	162	251	241	492	254	263	517	581	590	1171						
iv	No. of children actually availing MDM on the day of visit																		
	(6-10 Years)	B1	G1	T1	B2	G2	T2	B3	G3	T3	B4	G4	T4	B5	G5	T5	<b>B</b>	<b>G</b>	<b>T</b>
	<b>TOTAL in LP</b>	<b>230</b>	<b>190</b>	<b>420</b>	<b>215</b>	<b>167</b>	<b>382</b>	<b>238</b>	<b>179</b>	<b>417</b>	<b>195</b>	<b>170</b>	<b>365</b>	<b>284</b>	<b>242</b>	<b>526</b>	<b>1162</b>	<b>948</b>	<b>2110</b>
	(11-14 Years)	B5	G5	T5	B6	G6	T6	B7	G7	T7	<b>TB</b>	<b>G</b>	<b>T</b>						
	<b>TOTAL in UP</b>	<b>70</b>	<b>80</b>	<b>150</b>	<b>240</b>	<b>235</b>	<b>475</b>	<b>242</b>	<b>254</b>	<b>496</b>	<b>551</b>	<b>369</b>	<b>920</b>						
	No. of children availed MDM on the previous day.																		
	(6-10 Years)	B1	G1	T1	B2	G2	T2	B3	G3	T3	B4	G4	T4	B5	G5	T5	<b>B</b>	<b>G</b>	<b>T</b>
	<b>TOTAL in LP</b>	<b>230</b>	<b>190</b>	<b>420</b>	<b>215</b>	<b>167</b>	<b>382</b>	<b>238</b>	<b>179</b>	<b>417</b>	<b>195</b>	<b>170</b>	<b>365</b>	<b>284</b>	<b>242</b>	<b>526</b>	<b>1162</b>	<b>948</b>	<b>2110</b>
	(11-14 Years)	B5	G5	T5	B6	G6	T6	B7	G7	T7	<b>TB</b>	<b>G</b>	<b>T</b>						
		<b>70</b>	<b>80</b>	<b>150</b>	<b>240</b>	<b>235</b>	<b>475</b>	<b>242</b>	<b>254</b>	<b>496</b>	<b>551</b>	<b>369</b>	<b>920</b>						

**List of Schools in East Khasi Hills District**

Sl No.	Block	SCHOOL
	Mawryngkneng	
1		NONGKREM GOVT.
2		NONGKREM UPS
3		JOHN BOSCO SEC.SCHOOL
4		SUNSHINE ADVENTIST LPS
	Mawsynram	
5		KENBAH COG UPS
6		RYNGKU 'A' UPS
7		SENG KHASI MAWKASAIN LPS
8		ST. PETER'S LPS
	Mylliem	
9		HUBERT MEMORIAL SEC SCHOOL/UPS*
10		CHRIST CHURCH UPS
11		MAWLAI PRES UPS,IEWRYNGHEP
12		RITMAWNIEW LPS

	<b>Pynursla</b>	
13		CNI U. P. SCHOOL
14		MASSAR RCLP (EGS)
15		NONGEIT NIANG UPS
16		UMPOHLIEW JINGTIP RCLP
17		WOMEN SOCIAL
	<b>Mawphlang</b>	
18		MAWPHLANG SEC.
19		SOHKSAR RCLPS
20		UMPOHLIEW RC LPS (EGS)
	<b>Laitkroh</b>	
21		J. S. MEMORIAL SCHOOL
22		LUMPYLLUN PRES LPS
23		SENG KHASI NONGKYNRIH LPS JALYNTENG
24		TIROT SINGH SYIEM UPS
25		ST FRANCES
	<b>Shella Bholaganj</b>	
26		ANDERSON UPS

27		LAILAD LPS
28		SOHRA ACADEMY UPS
29		SUNNY FIELD UPS
	<b>Mawkynrew</b>	
30		MERCY CHILD LP
31		RAPLENG PRESBYTERIAN UP
32		ABRAHAM PERSARA LP
	<b>Shillong Municipal</b>	
33		GURKHA PATHSALA UP
34		JYOTI SROAT SEC. SCHOOL
35		MARY RICE CENTRE FOR SPL. EDU.
36		SCH & CENTRE-HEARING-HANDICAPP
37		SENG KHASI LUMSOHPHOH UPS
38		PROVIDENCE LPS
39		BASIC GOVT SCHOOL, NONGTHYMMAI,
40		MAWKHAR CHRISTIAN (MORNING) SEC.



